

The Eos Advantage

- **Fast:** Sessions last seconds to minutes—perfect for busy practice schedules.
- **Enduring Change:** Unlike many treatments that require years of maintenance, LENS changes are lasting. Once the brain learns a more efficient way of functioning, it keeps it.
- **Passive:** Perfect for students who are already over-scheduled or "talked out."
- **Expertise:** Specializing in the "Whole-Athlete"—addressing both the physical brain and the emotional person.

Ask about how LENS can also be effective for competitive non-contact sports

CONTACT US

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Use QR to schedule FREE consult today

WHY JOIN US?

Give your athlete the neurological edge!

Scan to book a 15-minute consultation today



EOS HEALTH CENTER

ATHLETIC EDGE: PEAK PERFORMANCE & INJURY RECOVERY

PRECISION NEURO-SUPPORT FOR STUDENT ATHLETES



OPTIMIZING THE BRAINS BEHIND THE GAMES

191 W MAIN ST WEBSTER, NY

THE SCIENCE OF THE "STUCK BRAIN"

Why IMPACT matters
(even without a concussion)

In sports like soccer, hockey, football, and baseball the brain is subject to **Rapid Deceleration**. Because the brain is a gelatinous mass floating in fluid, a sudden stop causes it to bounce off the bony skull.

Micro Trauma:

Even sub-concussive hits can cause "shearing" at the cellular level.

Neurological Guarding:

After an impact, the brain often enters a "defensive state." It creates a protective "fog" that slows down reaction time and processing.

The Cumulative Effect:

Repetitive small hits can lead to "neural gridlock," making a student-athlete feel "wired but tired" or perpetually frustrated.

BENEFITS FOR THE STUDENT-ATHLETES

LENS: The Competitive Advantage

1. Faster Return-to-Play (TBI/Concussion)

- Clears "brain fog," light sensitivity, and post-impact headaches.
- Athletes often report a noticeable decrease in symptoms for mild-to-moderate TBI in as little as 1–3 sessions, with significant improvement or full resolution achieved within 4–15 sessions.

2. Superior Field Vision & Reaction Time

- By quietening "neural noise," athletes can process field data faster and react instinctively rather than overthinking.

3. Focus & Academic Balance (ADHD/Attention)

- Helps student-athletes manage the transition from the "high-rev" environment of the field to the "focus-heavy" environment of the classroom.

4. Emotional Regulation

- Reduces the irritability and "explosiveness" that can follow head injuries or high-pressure seasons.

CLINICAL EXCELLENCE. MINIMAL RISK.



Is it Safe?

LENS is a non-invasive, passive technology. Unlike traditional neurofeedback, it does not require the athlete to "do" anything. It simply reflects the brain's own signals back to itself to encourage self-regulation.

The Risks?

Risks are minimal and temporary. Some athletes may experience a brief "neural fatigue" (feeling tired) or a temporary increase in symptoms for 24 hours as the brain recalibrates. This is a sign that the brain is responding to the "reboot."

